

# GOD Time

Day 1

Read Psalm 139:13-16

Week 1 04

As you work at discovering who you're meant to be, you need to remember that there's someone who has had a plan for you since before you were born—even before your parents were born. Who is it? \_\_\_\_\_ Your part has been written since before you even existed! Knowing that you are dearly loved and that there is a plan for you is key to doing your part and making a difference.

Read



aloud (or to yourself).  
It's really cool.

252 BASICS®

THANK God for having a plan for your life.

# GOD Time

Day 2

Read Philippians 4:13

Week 1 04

As you're discovering your part in God's plan, it may sometimes seem like what God is asking you to do is too big or too difficult. That's when you need to remember that if God is with you, that's enough. No matter who you are or what you're able to do, God can make you able to fulfill the role He has planned for you.

Name this mountain after something that's difficult.  
Write the words of Philippians 4:13 next to the mountain.



\_\_\_\_\_

252 BASICS®

ASK God to show you how He is enough for you.

# GOD Time

Day 4

Read Matthew 11:28

Week 1 04

God may have a role for you that you don't understand or that requires a lot of you. It's okay to stop and ask for assurance. And it's okay to rest. Many people in the Bible have done this (Moses, Joshua, John). You can, too. God listens to your questions and He's ready to give you the rest you need so you can continue to make a difference.

Grab a pillow, sit in a comfy chair or on your bed, and pray to God about something you're doing that you know He wants you to but that is sometimes hard. Ask Him to rest and reassure you.



252 BASICS®

KNOW that God will give you rest.

©2009 The reThink Group. All rights reserved | 10 • 09

# GOD Time

Day 3

Read Zephaniah 3:17

Week 1 04

The fact is, when we're committing to do our part in God's big plan, it's not always going to be easy. We can get discouraged and down. We can feel like we're not going to be able to make a difference at all. And just because we're doing our part, others may not be doing theirs. Remember that God rejoices to see you fulfill His plan.

Write the words of Zephaniah 3:17 on a banner and decorate it.



Then dance!

252 BASICS®

LOOK to see God's love for you.